

HOME LEARNING GUIDANCE

PUPILS

1. Have a routine and stick to it. You might even want to wear school uniform!
2. Do your work and contact your teacher in normal between 8.30-3pm.
3. Take regular breaks away from your TV, computer and mobile phone.
4. Be safe online – don't share any passwords or personal information with anybody ever.
5. Stay in touch with your teacher and ask questions via Show My Homework and/or the home learning email address.
6. Submit work fortnightly via Show My Homework or the home learning email address.
7. Complete a mindfulness activity every day e.g. writing in a diary, listing reasons to be positive, and noticing how the seasons are changing.
8. The Golden Rules still apply – think about how you speak to your parents, teachers and others.
9. Stay active. Complete the PE lesson every day at 9am.
10. If you are at risk of harm then email safeguarding@bemrose.derby.sch.uk or use the information on the card posted to you from school.



PARENTS

1. Take an interest – if you are enthusiastic then your child is more likely to be.
2. Establish a routine.
3. Monitor online activity and use safety controls and privacy restrictions.
4. Encourage your child to read and read with them – the news, a story, anything helps.
5. Keep learning devices in shared spaces in the home.
6. Encourage breaks away from a screen.
7. Ask questions if you have any via 'Show My Homework' or using the home learning email address.
8. Expect your child to be completing work on a fortnightly basis.
9. If your child does not have a device and internet access let school know by phone or using the home learning email address so that alternative arrangements can be put in place.
10. Monitor your child's wellbeing and mental health as well as their learning.



HOME LEARNING EMAIL ADDRESS
homelearning@bemrose.derby.sch.uk

