

Core Subject

Physical Education



Course outline and assessment:

You will have four hours of PE a fortnight where you will take part in a range of activities and sports over the course of the two years. There is an emphasis on gameplay and tactics within sports as well as leadership; including a unit of work that is specifically dedicated to sports leadership. Activities include: football, rugby, fitness, netball, hockey, cricket, rounders, softball, trampolining, badminton and athletics.

You will be assessed practically against each activity criteria based on observations by your teacher, however these grades do not contribute towards a qualification.

What will I learn/skills will I develop?

Knowledge of tactics and rules in a range of sports.

Knowledge of how you can keep fit and healthy.

Leadership skills

What subjects does it link to?

Science

Maths

What opportunities does this give me?



Sports Coach
Teacher
Fitness Instructor
Physiotherapist



What extra-curricular opportunities are offered?

Half Termly Inter-House Competitions

Sports Teams eg. football, cricket, athletics, rounders and netball

After School Clubs eg. badminton, table tennis, basketball.